



POUND HILL PRE-SCHOOL

NEWSLETTER



DECEMBER NEWS

We would like to wish you all a very Merry Christmas and we hope that you all get some time together as a Family and make lots of fantastic memories for your children. Thank you to everyone who came to the Christmas Fair and Show the children were all fantastic. We raised £ xxx which will go towards things for the Pre-School.

Reminders

Parents of children starting school in September 2023 please remember to complete your child's application by the **31st January 2023**. [Starting school places - West Sussex County Council](#)

Please remember to bring;

- Wellies, Waterproofs, coats clothes for the weather
- Spare Clothes
- Fruit / crackers etc for snack
- Lunch box (if staying for pm) - NO NUTS
- Water bottle

Key Dates

- 4th January — First Day back**
- 19th—20th January—Cake Sale**
- 7th February—Stay and Play**
- 10th February—Superhero Day**
- 13th—17th February—Half Term**

This Month we have been

We have been having lots of Christmas fun with the children, we have had an advent calendar that has something new in it each day the children attend the Pre-School, we have decorated a cone with icing and sprinkles to make it look like a Christmas Tree the children all enjoyed this for snack as a treat. We have had a snowball fight, parachute games and some fun science experiments to name a few. The children have also helped to make some fantastic decorations to decorate the hall ready for the Christmas fair, they have had lots of fun with boxes and decorating the Christmas tree everyday. They have written letters to Santa to practice their mark making skills and cutting pictures from catalogues to fill our stockings with lots of things.

Some of the children visited Pound Infant Academy to watch the Reception Classes Christmas Play the children we took were all fantastic sat nicely and clapped the children when they had finished, they walked so nicely to the school as well. The children who didn't go to the school stayed behind and did some Christmas yoga with a visiting yoga teacher.

Instagram Preschool

Website www.poundhillpreschool.com

Email phpsadmin@gmail.com

Phone Number 07765245933

You can message us on Family app also.



POUND HILL PRE-SCHOOL

NEWSLETTER



NOVEMBER NEWS



News from Caterpillars ...

During December we have been busy making lots of Christmas crafts to bring home to share with our families, we have also had lot's of fun playing games such as musical bumps, we have also sorted balls by colour that the teachers tipped out all over the floor. We have used our imaginations playing in a winter play scene with happy land.

We have also been talking about our feelings and what makes us happy / sad.

Merry Christmas to all of you we hope you have a lovely time.

Steph, Karen, Jen, Tatiana

News from Butterflies

During December we have been using our skills to make some lovely Christmas crafts as a gift to our families. We have really enjoyed dressing up and pretending to be Christmas elves.

We have enjoyed having a talent show at the end of the day and performing for our friends either with a song, joke or dance. We have been playing games to help us with our listening skills to prepare us for moving on to our new school in September.

Please remember to apply for your child's school place by the end of January 2023

Happy Christmas to each of you we hope you have fantastic time together.

Caroline, Amelia, Lisa, Shashi, Vida, Kylie





IDEAS TO DO AT HOME

Here are some ideas of activities and fun things you can do with your children over the holidays, as the cost of living is constantly rising we thought it might be nice to list some lovely family activities / walks that you can do that will not cost a lot and some that are free.

We would love for you to share some pictures of things that you get up to over the Christmas please do upload this to the family app, we enjoy seeing what the children get up to.

Activities

- Collect leaves on a walk and then use these to make a picture.
- Make some biscuits at home or use some shop bought biscuits. (recipe below)
- Make playdough with your child and play with it (recipe below)
- Junk modelling—use empty boxes, tubes, tape and let your child use their imagination to build something.
- Do a drawing together, lay some paper on the floor / table and sit together and make a masterpiece together.
- Play a game together
- Go for a walk and look at numbers on your way can the children identify the numbers?
- Go on a listening walk—what can you hear?
- Snuggle on the sofa and watch a film as a family with snacks.
- Make a den / fort with your child. Using blankets/sheets.

Out and About

- Tilgate Park— walk in the woods
- Worth Park - Feed the ducks
- Go for a walk in the woods—what can you see / hear?
- Go for a walk or a drive to see some Christmas lights.
- Play pool on a bridge
- Collect sticks—what will your stick be? Is it stick man?
- Take a trip on a bus
- Give your child a picture shopping list and let them find the items in the shop.
- Collect natural items on a walk and use these to make a picture.

Playdough Recipe

• 1 Cup flour, 1/2 cup salt, 1 TBSP Cream of Tartar, 1 TBSP Oil, 1 Cup + Boiling water, food colouring.

Mix all the items together in a bowl until a dough is formed then knead until smooth.

Enjoy and have fun with your imagination

Shortbread Recipe

125g Butter Softened

55g Caster Sugar

180g Plain Flour

Preheat oven to 190C / 170 Fan/ Gas 5

Beat butter and sugar together until smooth, then stir in the flour

Place on floured surface and roll out use cutters or knife to shape.

Bake for 15—20 minutes then you can decorate and enjoy!



POUND HILL PRE-SCHOOL



MEET THE TEAM



Katy
Manager



Caroline
Deputy Manager



Amelia
Practitioner



Jen
Practitioner



Karen
Practitioner



Kylie
Assistant



Lisa
Practitioner



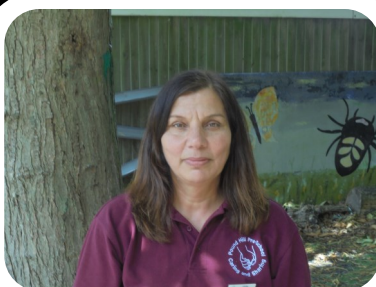
Steph
Practitioner



Shashi
Practitioner



Tatiana
Assistant



Vida
Practitioner

KEY GROUPS

CATERPILLARS



Steph

- * Liam
- * Poppy R-T
- * Aliza
- * Teshali
- * James



Karen

- * Rayan
- * Hugo
- * Elliot
- * Harlen



Jen

- * Alaia
- * Elouise
- * Oskar
- * Alyssa

KEY GROUPS

BUTTERFLIES



- * Osaruese
- * Annabeth
- * Lucas
- * Ethan
- * Eisa
- * Gabriel



- * Muaaz
- * Aaliyah-Rose
- * Joshua.C
- * Marcel
- * Jasmine
- * Keshvi



- * Charlie
- * Oscar
- * Aneara
- * Daria
- * Henry



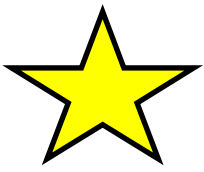
- * Annabella
- * Suhayb
- * Amber
- * Siv
- * Raye
- * Yasmin



- * Joshua. D
- * Mark
- * Oliver
- * Sofia
- * Poppy. A



- * Jessica
- * Hanna
- * Elia
- * Saamii



Toilet Training



Signs your child might be ready to Toilet train.

- ⇒ They know they have a wet / dirty nappy
- ⇒ They begin to tell you they are having a wee
- ⇒ There is a period of dry nappy time
- ⇒ They hide when going to the toilet
- ⇒ They are asking to sit on the toilet/potty.

What you need to start

- ⇒ Pants / Knickers
- ⇒ Potty / Toilet insert seat and step
- ⇒ Time and patience
- ⇒ Reward Chart (if using)



How to start



- ⇒ Take your child to the potty every 10 minutes
- ⇒ Praise them for sitting on the potty
- ⇒ When they wee on the potty make a big thing of it cheer / praise and reward your child.
- ⇒ Extend time between visits to toilet as you begin to recognise patterns in their toilet routine.
- ⇒ Use the toilet before meals and naps.
- ⇒ Remove night time nappy as soon as they wake and sit them on the potty.
- ⇒ Remember Accidents happen and its ok.

Reward Systems

- ⇒ Verbal Praise
- ⇒ Sticker Charts
- ⇒ Sweet rewards
- ⇒ Pom poms in a jar
- ⇒ Bigger reward if dry all day / week



Remember



- ⇒ Every Child learns differently and at different stages
- ⇒ Accidents happen and these are ok
- ⇒ Praise



Make sure you have these ready before starting and set realistic goals and rewards.

Further information

If you would like any further information then please do come and speak with a member of staff.

Helpful websites

<https://eric.org.uk/>

<https://www.pampers.co.uk/toddler/potty-training/article/potty-training-tips-step-by-step-potty-training>

<https://www.kandookids.com/>



FAMILY APP

We would love to see some observations from home of your child– this helps your child's keyperson build a secure and in depth picture of your child's development. As often children can do things at home/setting that they do not do in the opposite allocation.

To create an observation of your child:

- Head to your child's profile and click on the **Journey** tab
- Click **New** and select **Observation** (*found in the top right*)
- A text box will appear- *see the below screenshot for an example*
- Use the **Upload** button to add photos and videos, or simply describe what your child is doing. If you get interrupted while you're creating the observation, a draft will save, which you can find again by clicking the (left) icon top right-hand corner.

Hints and tips

It can feel a bit strange writing observations of your child at first, but don't worry here are some tips to help you:

- First of all, don't be concerned about what the "right" things to observe are- it doesn't have to be a huge milestone or big achievement. If your child is involved, engaged, having fun, or doing something new, just write it down (or take a photo). Your child's setting will love seeing what they're up to and can use this to support your child in the setting
- You know your child best- sharing what your child enjoys and achieves with you at home gives your child's carers so much extra information.
- Try to be descriptive of what's happening, rather than inferring- you might write "*Mohammed was smiling as he poured the water*" rather than "*Mohammed enjoyed pouring the water*", for example.
- If you're writing what your child says, write it as close to how they said it as you can, for example, "*Layla said 'Tat go down-stairs'*" instead of correcting it to "*Layla said 'The cat went downstairs'*"
- You can view your child's journey tab to see past observations and get some inspiration.
- You can always chat to your child's key worker about observing, for more support.